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PRO-NOX INSTRUCTIONS

FOR THE PURPOSE OF PAIN AND ANXIETY CONTROL DURING MY PROCEDURE

RISKS to inhaling Nitrous Oxide include, but are limited to: Nausea (0-28%), vomiting (0-14%), dizziness/light-headedness (3-23%), drowsiness (0-67%), unconsciousness (<1%), dry mouth, pins and needles and numbness sensations.

BENEFITS of inhaling Nitrous Oxide include, but are limited to: Quickness to deliver pain and anxiety relief (30 second onset), quick recovery (effects are gone within 3-5 minutes), patient controls dosing, non-addictive, patient is able to remain interactive throughout the procedure, can be used with pediatric patients (limited only by their ability to follow instructions), non-invasive (no needles).

EFFECTS of inhaling Nitrous Oxide include, but are limited to: Decreased sensation of pain, a disconnection from the pain the patient is feeling, less scared, anxious, and / or stressed.

You will agree to acknowledge that you do **NOT** have the following conditions at the time of your procedure:

Relative contraindications for Nitrous Oxide include: Pulmonary disease, respiratory infections, pregnancy, psychiatric disorder, compromised immune system, multiple sclerosis, **use of marijuana** or hallucinogenic drugs, blocked middle ear, high anxiety, exposure to Nitrous Oxide within the **last week**.

Absolute Contraindications for Nitrous Oxide include: Nasal obstruction, retina or ocular condition, bowel obstruction, severe emphysema, inability to communicate due to disability or language barrier, increased intracranial pressure, alcoholism, inability to hold the mouthpiece, potential impairment of consciousness or **under the influence of potential substances of abuse (i.e. drugs or alcohol) or active psychosis, use of opioids within 2 hours prior to use of Nitrous Oxide, use of methadone or buprenorphine and naloxone (suboxone) within the last 5 days.**

Opioids and benzodiazepines that are prohibited 12 hours prior to the use of Nitrous Oxide are:

Codeine	Clobazam (Onfi)
Hydrocodone (Vicodin, Hycodan)	Clonazepam (Klonopin)
Morphine (MS Contin, Kadian)	Clotazepate (Tranxene)
Oxycodone (Oxycontin, Percocet)	Chlordiazepoxide (Librium)
Hydromorphone (Dilaudid)	Diazepam (Valium)
Fentanyl (Duragesic)	Estazolam (Prosom)
Alprazolam (Xanax)	Lorazepam (Ativan)

***ASTHMA IS NOT A CONTRAINDICATION TO THE USE OF NITROUS OXIDE (N2O)**

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